

EMPowerplace

NOURISHING BODIES & MINDS

Newsletter

September 2026

EmPower Place is excited for the new **SCHOOL YEAR!**

Thanks to everyone who helped make our annual **Back to School Bash** happen. We, along with 12 partner organizations and countless volunteers and donors, helped 419 kids get the school supplies, clothing, and other resources they needed for the school year.

After School Meals

Now that school is back in session we are going back to having after school meals on Mondays, Tuesdays and Thursdays from 2:30-6pm. Kids of all ages are welcome to the free meals- but the program does require that kids stay onsite to eat.

Although we will not have breakfasts and lunches, we do always have healthy snacks available!

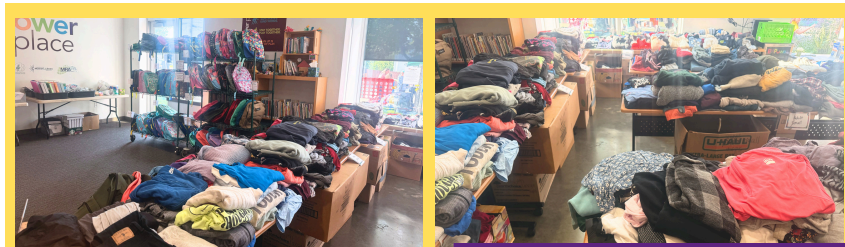
School Year Programming

Summers are so busy and fun with so many people in the space all day, along with our Summer Club program. The school year can still be busy, but it also brings a lot of quiet, empty times during the day. This is the perfect time for families with young children to come and play.

Have you come on Tuesdays for Baby Bistro (Missoula's breastfeeding support group) or Tiny Tales with Missoula Public Library? Both events take place upstairs in our conference room.

EmPower Place also offers an **early learning program** with stories, songs, and educational activities geared toward 3-6 year olds. We haven't set a date and time yet. Can you help us decide when to host this program for this school year, and let us know what you're looking for in a program like this?

We want to hear from you!



Partner Spotlight

After taking a break for summer, Missoula Robotics is back!

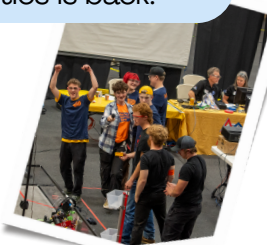
EXPLORE
Robotics

with Missoula Robotics

SEPTEMBER 24TH
4PM-5PM

The Missoula high schools Robotics Team will bring robotics to display and legos to create with at EmPower Place.

Build
Create
Have fun



Weekly EmPower Place Programming:

- **Art with Pam**- Mondays drop in between 10am-12pm
- **spectrUM Science exploration**- Mondays drop in between 2pm-6pm
- **Early Learning**- Please take our survey to help us decide how and when to offer our program for 3-6 year olds.
- **Fun with Nina**- Weds, drop in between 10am-1pm
- **Silly Story time with Kevin**- Fridays at 11am

Recurring Partner Programming:

- **Baby Bistro**- breastfeeding support, Tuesdays 10-11:30
- **Tiny Tales** Tuesdays, 11:45



Want to get this newsletter emailed to you each month?

**SIGN UP
HERE:**



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SEPTEMBER EVENTS

1720 WYOMING ST, MISSOULA, MT, 59801

SEP 10 POKEMON DECK BUILDING
3PM-4:30PM

SEP 18 WATERSHED EDUCATION
11AM-1PM

SEP 18 EAT OUR WAY AROUND THE WORLD
11AM-1:00PM

space is limited-
[sign up here](#)



for 8-13
year olds!

SEP 24 MISSOULA ROBOTICS CLUB
4PM-5PM

September • 2026

**KIDS
EAT
FREE
ALL
YEAR
LONG!**

EmPower Packs

► Friday: 10am-1pm

After School Meals

► Mondays, Tuesdays & Thursdays:
2:30 - 6pm

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WEEKLY THEME	MON 10AM-6PM	TUE 10AM-6PM	WED 10AM-1PM	THU 10AM-6PM	FRI 10AM-1PM
Trees 		1  Tiny Tales: 11:45am Upstairs	2 10am-1pm Fun with Nina!	3	4 11am: Silly Storytime & Songs
DO YOU KNOW THE DIFFERENCE BETWEEN CONIFEROUS AND DECIDUOUS TREES? JOIN US IN LEARNING ALL ABOUT TREES AT THE ART TABLE					
puppets! 	7 Closed for Labor Day	8  Tiny Tales: 11:45am Upstairs	9 10am-1pm Fun with Nina!	10  3pm-4:30pm Deck building!	11 11am: Silly Storytime & Songs
PUPPETS ARE A BIG PART OF EMPOWER PLACE! WE'LL HELP YOU MAKE YOUR OWN AND LEARN HOW TO PLAY WITH THEM.					
Pirates! 	14  SpectrUM: 2-6pm EmPower Place	15  Tiny Tales: 11:45am Upstairs	16 10am-1pm Fun with Nina!	17	18  watershed education network
AHOY, MATEY! SEPTEMBER 19 TH IS INTERNATIONAL TALK-LIKE-A-PIRATE DAY! SO LET'S CELEBRATE ALL WEEK LONG!					
FALL EQUINOX 	21  SpectrUM: 2-6pm EmPower Place	22  Tiny Tales: 11:45am Upstairs	23 10am-1pm Fun with Nina!	24 4pm: Missoula Robotics Club! 	25 11am: Silly Storytime & Songs
FALL EQUINOX IS ALL ABOUT REFLECTION, GRATITUDE, FEASTS TO CELEBRATE HARVEST, AND A TRANSITION TO FALL!					
Fat Bear Week !!! 	28  SpectrUM: 2-6pm EmPower Place	29  Tiny Tales: 11:45am Upstairs	30 10am-1pm Fun with Nina!	 All Tuesdays:  missoula public library	
FAT BEARS FAT BEARS FAT BEARS FAT BEARS FAT BEARS FAT BEARS FAT BEARS FAT BEARS					



UNIVERSITY OF MONTANA
spectrUM



Missoula Food Bank & Community Center is an inclusive,
anti-racist, LGBTQ2S+ ally organization.

(406) 549-0543 . 1720 Wyoming St.