

Most Needed Items:

At Missoula Food Bank & Community Center, we rely on donations throughout the year to keep our shelves stocked, and to provide the people who come through our doors with the food that they need. We gratefully accept any and all nonperishable donations (and properly handled perishable donations).

We also strive to provide those that we serve with the best possible nutrition, and have worked with nutritionists and health professionals to make sure that the foods we offer are healthy and nourishing.

Therefore, we humbly offer the following list of foods as a suggestion for the types of food that would be most helpful in providing the best possible nutrition to our clients:

Canned Tuna or Meat
Peanut Butter
Fruits Canned in Own Juice
Canned Vegetables (Low/No Sodium)
Low-fat Salad Dressings

Canned Chili
Cooking Oil
Hunts Tomato Sauce
Canned Beans
Shelf-Stable Milk

Brown Rice
Oatmeal
Canned Soup (Low Sodium)
Pasta
Whole Grain Cereal



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