

COMMUNITY RESOURCES

Crisis Hotlines

Homeless Outreach Team (HOT) Line
(406) 493-7955 (at Poverello Center)

Suicide/Crisis Hotline - 1-800-273-TALK

Western Montana Mental Health Center
Emergency 24-hour line with mental health
Professional, (888) 820-0083 or (406) 532-9700

YWCA Domestic Violence 24-Hour Crisis Line
542-1944 or (800) 483-7858

National Domestic Violence Hotline

Text "START" to 88788

1(800) 799-SAFE (7233)

TTY: 1(800) 787-3224

Hotline.org to chat with live support

Child Abuse Hotline (866) 820-5437

MT Adult Protective Services Hotline 1-(844) 277-9300

Missoula Police/Sheriff's Department: 911
24-hour non-emergency: 552-6300 or 258-4810

Meals & Food Pantries

Missoula Food Bank & Community Center

1720 Wyoming St., (406) 549-0543

Pantry Hours: Mon-Tue-Thurs. 10:00 am – 7:00 pm,

Wed & Fri 10:00 am – 1:00 pm.

Lolo Pantry: Lolo Community Center

1st and 3rd Wednesday of the month, 4:00 pm – 6:00 pm.

Potomac Pantry: Potomac Greenough Community Center

2nd to last Thurs. of the month, 3:00 pm – 5:00 pm.

Bonner Pantry: Our Savior Lutheran Church, 1st and 3rd

Wednesday of each month, 4:00 pm – 6:00 pm.

Clinton Pantry: Clinton Fire Station, 1st and 3rd Wednesday of each
month, 4:00 pm – 6:00 pm.

Poverello Homeless Center - 1110 W. Broadway, (406) 728-1809

Breakfast Daily 6:00 am - 7:30 am

Lunch Daily 11:30 am - 1:00 pm

Dinner Daily 5:00 pm - 6:30 pm

Food Pantry M-W-F 5:30 pm - 7:00 pm

24 hours sack lunches available

Day Services Daily 6:00 am – 8:00 pm

Christian Assembly 4 Square Church - 406-721-6884

1001 Cleveland Street – Tues thru Thurs 10 am to 2 pm, by
appointment. Food, clothing, and supplies.

Christian Life Center - 3801 Russell, (406) 542-0353

2nd and 4th Mon of every month 4:30 pm - 6:00 pm

Around the very back of the church.

UM Food Pantry (406) 243-5125

Room 119, University Center

Monday, Wednesday, & Saturday 11- 3pm

REVIVE Church - 2811 Latimer St

(406) 721-7804; Sat. 10:00 am – 12:00 pm

**River of Life Food Bank - 4007 Hwy 200 E. Missoula, (844)447-
6568 or (406) 214-3803, Sat., 1:00 pm – 3:00 pm; 3rd Wed., 5:30
pm - 6:30 pm. Food and clothing.**

Feed the Need Food Truck; free kid lunches in Jun, Jul & Aug
766 Michigan Ave, East Missoula, M-F, 11:00 am – 12:00 pm
Bonner Hellgate Lion Park, Bonner, M-F, 12:15 pm – 1:15 pm

Monthly Assistance

Office of Public Assistance/ SNAP

2677 Palmer Suite 100, (888) 706-1535

Supplemental Nutrition Assistance Program (SNAP) (formerly Food
Stamps) provides monthly assistance for food. Apply online at
apply.mt.gov.

Healthy Montana Kids Plan (CHIP)

(855) 258-3489, free or low-cost health coverage for children and
teenagers up to age 19.

WIC (Women, Infants, and Children)

301 W. Alder, (406) 258-4740; M-F, 8 a.m.-5 p.m.

Nutrition and supplemental food program. Also provides
breastfeeding support and formula as needed. Available to pregnant
women and children under 5.

Employment & Rental Assistance

Missoula Job Service - 539 S. 3rd St. W., (406) 728-7060

Job placement, training, and employment counseling.

Missoula Housing Authority - 1235 34th St., (406) 549-4113

Orientation (Tues at 5:15 pm or Wed at 12 pm) offers more info on
affordable housing and/or sign up for public housing and rental
assistance, and coordinated housing.

Human Resource Council - 1801 S. Higgins

(406) 728-3710. LIEAP (energy/heat assistance), Section 8 and
rental assistance, employment and training opportunities.

Missoula Works – 2205 34th St – (406) 926-3400

Supportive employment for people wanting to get back in the
workforce. M – F: 9 am – 5pm.

Legal Assistance

Montana Legal Services - 211 N. Higgins Ste. 401.

Help Line M-F 7:30 a.m.-6 p.m. at 543-8343. Free legal assistance
and advice.

Crime Victim Advocates - 317 Woody St.

258-3830. Help with temporary order of protection, advocacy for
crime victims.

Missoula Self-help Law Center

Missoula County Courthouse, 200 W. Broadway,

Rm 271. 258-3428. M-TH 8:30 am to 4:30 pm. Directs individuals
to legal information and proper forms.


Clothing

Salvation Army – 355 S Russell, 549-0710

Clothing vouchers (limited number avail/month), shower/laundry
facilities, some transportation services. **ALSO: Teen drop-in
service.**

Hope Thrift Boutique – 728-5538

702 SW Higgins – Hope Thrift Boutique has clothes for all member
so the family. Call for assistance.

Clothing continued on next page 

Christian Assembly 4 Square Church - 406-721-6884

1001 Cleveland Street – Tues thru Thurs 10 am to 2 pm, by
appointment. Food, clothing, and supplies.

Emergency Shelter for Individuals

Poverello Center - 1110 W. Broadway, (406) 728-1809

Emergency housing for homeless adults. Supportive services 6am–
8pm; nightly check-in 8:45 pm, Showers and Laundry also available.

COMMUNITY RESOURCES

YWCA of Missoula – 1800 S 3rd St W, (406) 543-6691

Offers shelter, support groups, and 24-hour hotline for survivors of domestic and sexual violence (406-542-1944). Walk-in services M-F, 9 am–12 pm to meet with case manager

Emergency Shelter for Families

Rapid Rehousing and Transitional Housing through YWCA (406-543-6691); offers rent and deposit assistance and support services for homeless families or survivors of domestic violence.

Gateway Program & Emergency Housing

Gateway Assessment Center at YWCA, 1800 S 3rd St W, (406) 543-6691. Offers emergency housing, referrals, and supportive services for homeless families & veterans.

Health Care

Partnership Health Center - 401 Railroad St.

Primary medical care and dental. Sliding fee scale for those with Medicare, Medicaid, CHIP, and no health insurance. **Also clothing for clients in need.**

Medical Clinic: M,W,Th,F 8:00am-6:00pm; Tu 9am-6pm. Medical: (406-258-4789), Dental Clinic: M,W,Th,F 7:15am-5pm; Tu 9am-5pm. Walk-in for emergencies. Dental: (406-258-4185)

PHC Clinic @ Missoula Food Bank, 1720 Wyoming Street, Ste. 201. (406)258-3663. Mon, Tues, Thurs: 10 am to 7 pm. Wed, Fri: 10 am to 3 pm. Walk-ins welcome and accepting new patients. Providing medical and dental services.

Poverello - Partnership Health Center

1110 W. Broadway, (406) 728-1809.
Free healthcare for those who are homeless.
Mon, Wed, Thursday, 8 am - 6 pm. Tues 9 am to 6 pm.

Nurse on Call (Community Medical) 327-4770.

Free hotline to speak to a registered nurse to determine if symptoms require immediate or emergency care.

All Nations Health Center

830 W. Central, 829-9515; screening and support for diabetes, women's health, chemical dependency counseling, & HIV testing. 24-hour crisis line 240-3955.

Western Montana Mental Health Center

Adult Mental Health Services - 1315 Wyoming St.
(406) 532-9700. Case management and day treatment for adults with mental illness.

Turning Point - 1325 Wyoming St., (406) 532-9800.

Alcohol and substance abuse treatment.

Children's Case Management - 1305 Wyoming St.

(406) 532-9770. Mental health services for children.

Veteran's Affairs Outpatient Clinic

3885 W Broadway; (406) 493-3700.
Health care services for military veterans. M-F - 8 am to 4:30 pm.

Veterans' Center - 910 Brooks St., (406) 721-4918.

Counseling/support for military veterans. M-F 8 am to 6 pm.

SHIP Counselor through Missoula Aging Services

(800) 551-3191 specialists trained in Medicare eligibility, benefits and options including health insurance counseling.

Immigration & Refugee Services

Soft Landings - 939 Stephens Ave, (406) 493-0504

Offers resources for families and individuals new to Missoula to help with adjustment and accessibility. M-F 10am-4pm.

Resources for Families

Parenting Place - 1644 S. 8th W, (406) 728-5437

Parenting programs and support, 9 a.m.-5 p.m.
Mon-Thurs., free respite care for children 0-10.

Child Care Resources - 500 No. Higgins, #202

728-6446 Referrals & financial assistance for childcare.

Planned Parenthood - 219 E. Main St., 728-5490

Female and male annual exams, pregnancy & STD testing, birth control info/supplies on sliding fee scale.

Early Head Start - 2121 39th St., (406) 251-9410 ext. 323

Parenting and child care support from birth to three years old. Call for more information.

Boys and Girls Club - 1515 Fairview Ave, 542-3116

The Boys & Girls Club of Missoula County offers low cost educational out-of-school-time activities for elementary and middle school aged kids.

Flagship Program - 532-9825

Free after school opportunity for students in grades k-12. Open to all students at Franklin, Hawthorne and Russell, CS Porter, Meadow Hill, Washington, Hellgate, and Willard schools.

YMCA – 3000 S Russell ST., 721-9622

The program offers after-school care as well as summer camps with financial assistance available

Hope Rescue Mission – 549-HOPE (4673)

2811 Latimer St. - Hope Rescue Mission provides services of all kinds to families and individuals; fuel, repairs to vehicles and homes, short-term cash assistance, etc. By application only.

Families First Learning Lab – (406) 721-7690

455 E Main St. 2nd Floor of Missoula Public Library.
Free programming & consultations to strengthen family bonds through education, connection, play & partnership.

Seniors & People with Disabilities

Missoula Aging Services - 337 Stephens Ave.

(406) 728-7682; M-F 8 am – 5 pm Meals on Wheels, Senior Help Line; info about housing, transportation, health care, and legal issues. Also, farmer's market vouchers, meal vouchers, and meals for homebound elderly and disabled.

ROOTS Program through Missoula Food Bank

Provides food to low-income, homebound seniors (60+). For more info, call Senior Nutrition Coordinator, Jess Harrell at 406-549-0543 ext. 216; jharrell@missoulafoodbank.org

Summit Independent Living, (406) 728-1630.

700 SW Higgins Ave, #101. Support, such as peer advocacy, skills training, and benefit assistance, for people with disabilities.

Missoula Senior Citizen Center, 705 S Higgins.

(406) 543-7154. Mon. – Fri. 9 am to 4 pm. Provides services that support the physical, intellectual and emotional health and well-being of Missoula's senior population.